

# YMCA Flag Football

If you will be in 1st - 6th grade in the Fall of 2009, come join the fun and excitement of YMCA Flag Football!



## Flag Football Clinic

Learn the fundamentals of flag football with our weekday clinic. This clinic will be held from 7:00 PM until 8:00 PM on Monday; Sept. 28th, Tuesday; Sept. 29th, and Wednesday; Sept. 30th.

Participants will learn through instruction from former Maquoketa Cardinal and St. Ambrose Bee, Chance Jenkins.



Following camp, games will be played on Saturday mornings beginning October 3rd and ending on October 31st.

**\*\*\* Mouth guards are required to participate in YMCA Flag Football clinic and games \*\*\***

## Volunteer Coaches

The Maquoketa Area Family YMCA needs volunteer coaches in order to run its programs. Please consider donating your time. It is a truly rewarding experience. Volunteer coaches are the backbone of our youth sports programs. Volunteer to be a coach. Just fill in the appropriate line on the registration form. Background checks are required. If you would like more information contact Matt Clark, Sports Director, at 652-6566 or at [mclark@maqymca.org](mailto:mclark@maqymca.org).

**Mission Statement:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



## YMCA REVERSIBLE JERSEYS!

The Maquoketa Area Family YMCA uses reversible jerseys. Each athlete will purchase one jersey to wear for any Y Sports Program they register to participate in. The athlete may wear the jersey for as many seasons as it fits.

Youth Sizes: 1 for \$16.00  
 Adult Sizes: 1 for \$17.00

## Sign Up Early and Save! Open Registration August 19 to Sept. 24, 2009

**Fees:** \$22 per "Y" Member  
 \$32 per Non "Y" Member

## Late Registration Sept. 25 to Sept. 30, 2009

**Fees:** \$32 per "Y" Member  
 \$42 per Community Member

## 2009 Flag Football

(All Divisions are Co-Ed)

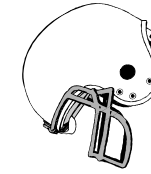
**Locations for all games are at the  
 High School West Practice Field**

<u>Grade</u>	<u>Clinic Date</u>
A. 1st & 2nd Grade	Sept. 28th
B. 3rd & 4th Grade	Sept. 29th
C. 5th & 6th Grade	Sept. 30th

## Financial Assistance Available:

No one is turned away  
 due to an inability to pay a fee!

Please call for assistance.  
**Matt Clark, Sports Program Director**  
 (563) 652-6566 [mclark@maqymca.org](mailto:mclark@maqymca.org)



The Maquoketa Area Family YMCA 2009 Flag Football – Registration Form  
 500 E. Summit St. Maquoketa, IA 52060  
**TO BE FILLED OUT BY PARENT OR GUARDIAN**

Participants Name \_\_\_\_\_ Boy \_\_\_\_\_ Girl \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone # \_\_\_\_\_ Work Phone# \_\_\_\_\_  
 E-Mail \_\_\_\_\_  
 School \_\_\_\_\_ Grade \_\_\_\_\_  
 Names of Parent or Guardian \_\_\_\_\_  
 Would either parent be interested in coaching? YES \_\_\_\_\_ NO \_\_\_\_\_  
 Name of parent coaching \_\_\_\_\_

**Divisions**  
 (circle one)  
 A B C  
**Will you be attending the clinic?**  
 Y N

For YMCA use only:  
 Session: 09F1  
 Program Code: 9YSFF- A, B, C

Fill in both sides of the registration form. The waiver of liability **MUST BE SIGNED** to have a valid registration.

\* Please fill out for coaches email address \_\_\_\_\_  
 \* Please fill out for coaches contact phone number \_\_\_\_\_

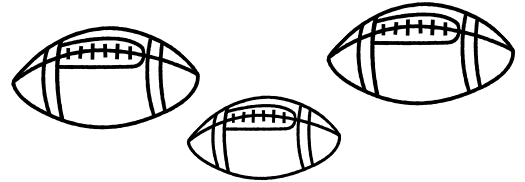
# YFLAG FOOTBALL™

We build strong kids, strong families, strong communities.

## Maquoketa Area Family YMCA



# 2009 Flag Football



### Flag Football Clinic

September 28th - 30th

### Season Begins

October 3, 2009



**For all boys and girls in  
Grades 1st - 6th**

*\*Financial Assistance Available\**

PRSR STD  
US POSTAGE PAID  
MAQUOKETA IA  
PERMIT NO. 9

**Maquoketa Area Family YMCA**  
500 E. Summit St.  
Maquoketa, IA 52060



**We build strong kids,  
strong families, strong  
communities**

### **Waiver of Liability and Promotion**

The Maquoketa Area Family "Y" (hereinafter referred to as "Y" ) is not obligated to furnish any insurance under the "Y" Flag Football Program referred to below although it may do so without any obligation as to the adequacy of any insurance it might furnish. I, the parent or guardian of the applicant agree that the "Y" and all individuals participating in the "Y" Flag Football in any capacity, will not be liable for any causes of actions, claims and injuries arising out of the participation of the applicant in the "Y" Flag Football, and hereby release all said individuals from such claims and liabilities. The undersigned acknowledges that in all sports there are certain risks of physical injuries and all players participate at their own risk. I, as legal guardian or parent of any applicant hereby consent to the participation of the applicant in the "Y" Flag Football under the above mentioned conditions. I, also agree to abide by the young athlete's bill of rights.

We (I) give our (my) consent for this player to be photographed, videotaped and/or filmed while participating in any YMCA activity and for the resulting photos, etc. to be used by the YMCA for educational and promotional purposes. I have read and understand the above:

### **LEGAL AUTHORIZATION OF REGISTRATION INFORMATION AND WAIVER OF LIABILITY AND PROMOTION**

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date