

YMCA Flag Football

1st and 2nd graders will play introductory flag football with no pads.

3rd - 6th graders will play in our Padded Flag Football. Players will be issued helmets and shoulder pads. Introducing players to pads at an earlier age prepares them for the next level, should they choose to move on to tackle football.

GAMES BEGIN SATURDAY, OCTOBER 1 AND
END SATURDAY, NOVEMBER 12.

Games are played on Saturdays at the High School's West practice field.

Clinic

We are offering a FREE and highly recommended Camp on September 24 at the High School's West practice field. The purpose of this camp is to teach the basic fundamentals of the game to help your child have the best experience with our league. Kids in grades 3-6 will also be issued their pads and YMCA football jersey at the camp.

Watch Facebook for more information!

Equipment

Mouth guards are required, and can be purchased at the YMCA front desk.

Football cleats are allowed, but not required.

Coaches Meeting

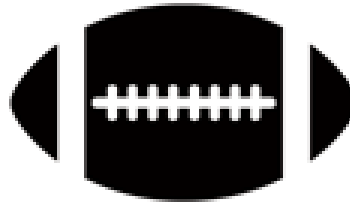
The Coaches Meeting will be held Monday, Sept. 12 at 6:00pm in the YMCA Multipurpose Room. Coaches will draft their teams at this meeting and will also receive coaches packets that include a schedule, rules and guidelines.

Sign Up Early and Save!

**Registration
August 1 to
September 8**

Fees: Grades 1 & 2
\$20.00 per "Y" member
\$40.00 per Non "Y" Member
\$5 Late Fee added
September 9-14

Fees: Grades 3 - 6
\$30.00 per "Y" Member
\$50.00 per Non "Y" Member
*Fee includes helmet and pad rental.
\$5 Late Fee added
September 9-14



Volunteer Coaches

The Maquoketa Area Family YMCA needs volunteer coaches in order to run its programs. Please consider donating your time. It is a truly **rewarding experience**. Volunteer coaches are **the backbone of our youth sports programs**.

Volunteer to be a coach. Just fill in the appropriate line on the registration form. Background checks are required. If you would like more information contact our Sports Program Director, at 652-6566 or cjenkins@maqymca.org.

The Maquoketa Area Family YMCA 2017 Flag Football – Registration Form
500 E. Summit St. Maquoketa, IA 52060
TO BE FILLED OUT BY PARENT OR GUARDIAN

Participants Name _____ Boy _____ Girl _____ Birth date ____/____/____ Age _____
Address _____ City _____ Zip _____
Home Phone # _____ Work/Cell Phone# _____
E-Mail _____
School _____ Grade _____
Name(s) of Parent or Guardian _____

Will your child be attending
the FREE camp? Yes No

Would either parent be interested in coaching? YES _____ NO _____
Name of parent coaching _____ email _____ phone # _____
Fill in both sides of the registration form. The waiver of liability **MUST BE SIGNED** to have a valid registration.



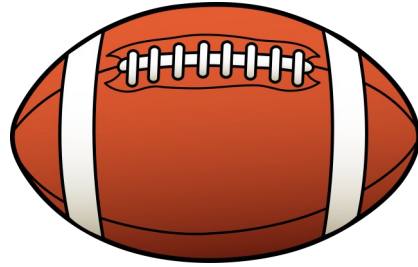
FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RUN PASS SCORE!



SPORTS AND RECREATION
2017 Flag Football
MAQUOKETA AREA FAMILY YMCA

Punt Pass Kick
Sponsored by the Kiwanis
This event will be held in September.
More information to come



INCOME-BASED MEMBERSHIPS

Build YOUR Membership today with our new
Income-Based Rate Calculator.

Visit www.maqymca.org and click the **Join**
button. Use the Rate Calculator to estimate
your monthly rate. **If you qualify for a reduced
rate you will also receive a discount on all
programs!** If you have additional questions
please call our friendly staff at the
Maquoketa Area Family YMCA at
563.652.6566.



MANAGING THE CITY OF
MAQUOKETA'S
RECREATION FACILITY
&
PROGRAMS
SINCE 2007



Waiver of Liability and Promotion

The Maquoketa Area Family "Y" (hereinafter referred to as "Y") is not obligated to furnish any insurance under the "Y" Flag Football Program referred to below although it may do so without any obligation as to the adequacy of any insurance it might furnish. I, the parent or guardian of the applicant agree that the "Y" and all individuals participating in the "Y" Flag Football in any capacity, will not be liable for any causes of actions, claims and injuries arising out of the participation of the applicant in the "Y" Flag Football, and hereby release all said individuals from such claims and liabilities. The undersigned acknowledges that in all sports there are certain risks of physical injuries and all players participate at their own risk. I, as legal guardian or parent of any applicant hereby consent to the participation of the applicant in the "Y" Flag Football under the above mentioned conditions. I, also agree to abide by the young athlete's bill of rights.

We (I) give our (my) consent for this player to be photographed, videotaped and/or filmed while participating in any YMCA activity and for the resulting photos, etc. to be used by the YMCA for educational and promotional purposes. I have read and understand the above:

LEGAL AUTHORIZATION OF REGISTRATION INFORMATION AND WAIVER OF LIABILITY AND PROMOTION

Signature of Parent or Guardian

Date