

MAQUOKETA AREA FAMILY YMCA POOL SCHEDULE

February 15 - March 7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	<i>We appreciate your adherence to these rules.</i>
5:30AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED	CLOSED	<ol style="list-style-type: none"> 1. No rough play. 2. Everyone must shower before entering pool 3. Absolutely no diving in the pool. 4. Running, pushing, diving, back jumps, and other "horseplay" is not deemed safe and will not be tolerated. 5. Children under 8 must be accompanied by an adult (18 or older; the adult must be within arms reach of the child times. 6. Food, drinks, and gum are not allowed on the pool deck. 7. Street shoes and strollers are not allowed on the pool deck. 8. Swimmers must wear clean swimsuits or leotards. No cutoffs with frays or gym shorts are allowed. Shirts cannot be worn in the deep end. 9. Admissions to the pool will be refused to any persons with infections such as rashes, open wounds, etc. Bandages of any sort should be remove before entering the pool. 10. <u>Children who are not toilet trained must wear swim diapers. Please ask lifeguard if you need one.</u> 11. Lifeguards may prohibit any activities that affect the safety and enjoyment of pool users. 12. <u>Pool equipment will be issued and removed at the lifeguard's discretion.</u>
6:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED	CLOSED	
7:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED	
8:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED	
8:30 AM	Lap Swim	RUSTY HINGES	Lap Swim	RUSTY HINGES	Lap Swim	Lap Swim	CLOSED	
9:00AM	AQUA GOLDEN	AQUA GOLDEN	AQUA GOLDEN	AQUA GOLDEN	Lap Swim	SWIM LESSONS	CLOSED	
10:00AM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	SWIM LESSONS	CLOSED	
11:00AM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	SWIM LESSONS	CLOSED	
12:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Open Swim	Open Swim	
1:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Open Swim	Open Swim	
2:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Swim	Open Swim	
3:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Open Swim	Open Swim	
3:30PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Open Swim	Open Swim	
4:00PM	Swim Team/open	Swim Team/open	Swim Team/open	Swim Team/open	Lap/Open Swim	Open Swim	Open Swim	
5:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	CLOSED	CLOSED	
6:00PM	Lap/Open Swim	H2O CHALLENGE	Lap/Open Swim	H2O CHALLENGE	Lap/Open Swim	CLOSED	CLOSED	
7:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	CLOSED	CLOSED	
CARING		HONESTY		RESPECT		RESPONSIBILITY		

"We Put Judeo-Christian principles into practice through programs that build a healthy/mind/body for all"

Lap Swim: 16 and older may use the pool to lap swim. Anyone under 16 needs permission from the Aquatics Coordinator.

Swim Team: YMCA swim team practice. Pool closed to all other members. Starts 11/02/2009.

Open Swim: Free swim time for members and non-members

Open/Lap: Free swim for members an non-members at least 2 lap lanes

Family Swim: Family time in the pool. 8 and younger need to be with a parent or adult supervising them.

9 years and older are allowed in the pool at Lifeguard's discretion.

Lessons: Swim lessons are in the pool. No other activities will be allowed during this time.

H2O Aerobics: Water Aerobics are in the pool. No other activities will be allowed during this time.

Early Dismissal: When there is an early dismissal the pool will remain open at 2:00 for Open Swim. If there is an early dismissal due to bad weather, the pool will remain open at 2:00 if lifeguard is available

No School: When there is no school the pool will open for lap/open swim at 10 am.

Any Questions please ask for Marcy Cain, Aquatics Coordinator.



Age Restrictions: Patrons under 8 years old must be accompanied by an adult (18 or older)
No one is allowed in the pool area unless there is a lifeguard on duty.

Pool times and events are subject to change.

POOL HOURS	
Monday - Friday	5:30am - 8:00pm
Saturday	7:00am - 4:30 pm
Sunday	12:00pm - 4:30pm

MAQUOKETA AREA FAMILY YMCA POOL SCHEDULE

March 8 - June 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	<i>We appreciate your adherence to these rules.</i>
5:30AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED	CLOSED	
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3:30PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Open Swim	Open Swim	
4:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Open Swim	Open Swim	
5:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	CLOSED	CLOSED	
6:00PM	Lap/Open Swim	H2O CHALLENGE	Lap/Open Swim	H2O CHALLENGE	Lap/Open Swim	CLOSED	CLOSED	
7:00PM	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	CLOSED	CLOSED	
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